

<b>Friday, January 17th</b>	
6:30PM	Registration/Check In & Dinner available for players (Hilton Mesa)
8:30PM	Welcome Meeting for all Players and Parents (Hilton Mesa)
10:00PM	CURFEW
<b>Saturday, January 18th</b>	
6:30AM	Breakfast buffet opens for ALL players & staff (players can pick up laundered uniforms)
8:30AM	Buses depart for Gene Autry Sports Complex (ALL players in full uniform)
9:00AM	Stretch and Agilities
9:30AM	60 Yard Dash ( Field 3)
9:45AM	Throwing Program (Field 1)
10:15AM	Individual Defense
11:15AM	Baserunning/ Sliding Practice
12:00PM	Lunch
1:00PM	Quick Stretch
1:15PM-2:45PM	Offensive Workout ( 20 Min Rotations)
	Group 1- Live, Group 2- Cages, Group 3- Shag, Group 4- Shag
3:00PM	Infield and Outfield- Both Teams
3:30PM	Coach Pitch Intersquad
6:00PM	Dinner - for players and staff (Hilton Mesa)
7:00PM	Hitting//Pitching Powerpoint/Baseball IQ - players (parents welcome) (Hilton Mesa)
10:00PM	CURFEW
<b>Sunday, January 19th</b>	
6:30AM	Breakfast buffet opens for ALL players & staff (players can pick up laundered uniforms)
8:30AM	Buses depart for Gene Autry Sports Complex (ALL players in full uniform)
9:00AM	Stretch and Agilities
9:30AM	Throwing Program
10:00AM	Individual Defense
11:00AM	Baserunning Rotation- Primary/ Secondary 1B,2B,3B
12:00PM	Lunch
1:00-2:30PM	Offensive Workout ( 20 Min Rotations)
	Group 1- Live, Group 2- Cages, Group 3- Shag, Group 4- Shag
2:45PM	GAME Navy vs Black
6:00PM	Dinner - for players and staff (Hilton Mesa)
7:00PM	Life Skills Seminar (Hilton Mesa)
10:00PM	CURFEW
<b>Monday, January 20th</b>	
6:30AM	Breakfast buffet opens for ALL players & staff (players can pick up laundered uniforms)
8:30AM	Buses depart for Gene Autry Sports Complex (ALL players in full uniform)
9:00AM	Stretch and Agilities
9:30AM	Defensive Reps
10:00AM	GAME- Navy vs Black
12:00PM	Closing Comments & lunch - Gene Autry Sports Complex
2:00PM	Bus departs for Phoenix Sky Harbor Airport (for players traveling alone)